



Now more than ever, students need high levels of self-belief to cope with the many new challenges of today. You Can Do It! Education (YCDI!) develops students' social-emotional skills and strengthens their belief in themselves.

The YCDI! programs developed by Professor Michael Bernard from Melbourne University and founder of YCDI! Education are based on the latest research in social-emotional learning.

YCDI! programs have been used for over 20 years in state, independent and denomination schools across Australia with students of all ages. Over one million students have participated in our programs.

You Can Do It! is recognised as best practice social-emotional learning curricula by Beyond Blue - Be You.



PROGRAM ACHIEVE

EARLY CHILDHOOD



The program contains 32 lessons that teach the positive attitudes and social-emotional skills that develop young children's resilience, confidence, persistence, organisation and getting along. Each lesson includes specific suggestions for teaching young children 3-4 years of age.

PRIMARY

Each year level (1 - 6) contains 32 lessons that teach attitudes, values/character strengths and social-emotional skills for success, relationships and wellbeing as well as for overcoming social-emotional blockers.



Why we Choose 'You Can Do It! Education at Poynter Primary School for student Wellbeing?



DEVELOPMENTAL

Students of all ages acquire a common social-emotional literacy embedded throughout school culture.



MENTAL HEALTH

Many lessons help students overcome anxiety, feeling down, procrastination and other social-emotional difficulties.



COMPREHENSIVE

YCDI! programs teach character, attitudes and social-emotional skills including resilience, confidence, persistence, organisation & getting along.



ACHIEVEMENT

Many lessons teach students attitudes and behaviours for learning needed to perform to the best of their ability.



ENGAGING CONTENT

Teachers and students alike love the new online version with creative student worksheets, teacher guides and videos to engage students in every lesson.



SCHOOL-HOME COLLABORATION

Offers schools multiple ways to communicate with parents on how to support their children's social-emotional learning. The school facilitates parent sessions on YCDI!



ASSESSMENT TOOL

Our SEL student survey is available on our website for teachers to measure their students' confidence, persistence, organisation, getting along and resilience.



ONLINE DELIVERY

Our curricula are available online in an easy-to-use digital format that allows teachers quick access to everything they need.

The Keys to Success



We also include 'Compassion' as our Gold Key

